



WALKING TOGETHER

As seen on RFD-TV's Hidden Heritage Show,  
sponsored by "brulerecords.com"

One Nation Walking Together is committed to making a positive difference in the lives of Native Americans. Together we rehabilitate communities by improving shelter and providing medical aid, educational programs, and food supplies through programs that cross cultural barriers while respecting individual differences. One Nation Walking Together promotes public awareness of the plight and aspirations of Native Americans.

JANUARY 2012

## One Nation's Greatest Needs

- **Financial Support**
- **School Supplies**
- **Hygiene Products**
- **Underwear & Socks (youth)**
- **Food**

## I MET A WARRIOR

While in the tiny town of Winnfield, Louisiana this past November, I met James "Pa" Simons. James is now retired from cotton farming but is still active as a minister in his little rural church.

Of note to me (see pic of him wearing his War Blanket) is the fact that he is a decorated US Navy veteran of WWII and a registered member of the Beouf River Band of Cherokees



(Louisiana). His wife, Audie, has Choctaw heritage.

Of all groups in our country, more Native Americans, on a per capita basis, serve in the military than any other. They still have the Warrior Spirit - this is their land and they will fight to the death to defend their land.



## ANOTHER BIG THANK YOU

One Nation Walking Together works with many businesses not only in the Pikes Peak region but across our Nation. I would like to acknowledge three businesses in particular that have made a huge difference to our charity. First, KRDO-TV, our local ABC affiliate, featured our charity in the 10pm News following the Diane Sawyer 20/20 special *Hidden America: Children of the Plains*. The outpouring from our community clogged up our phone lines—in a very good way—for many days. And the fall out continues—also in a very good way!

Next, I'd like to thank all the knitters at *The Yarn Outlet* on South 8<sup>th</sup> Street here in the Springs. About every two or three weeks they stop by our office with a bag full of goodies—sweaters, vests, beanies, mittens, afghans, dish cloths—all beautifully hand knit or crocheted

with much love. Imagine how happy it must make a new mommy to wrap their baby in such warmth!

Last, I'd like to thank Cathy at *Simple Pleasures* for her support. She not only brings us 'outdated' scrapbooking supplies, but she has collected food at events in her store and donated that food to us—over 200 pounds that will fill many tummies.

I know there are many businesses in the Pikes Peak region and throughout our country that I have failed to mention. However, please know we KNOW *it takes a village* and our village extends from the Atlantic to the Pacific. Thank you everyone for all you do to help us keep the doors open and trucks rolling to those in need—we couldn't do it without you!

## UPCOMING EVENTS

**Saturday, January 14, 2012**  
10:00 am to 6:00 pm

Adams County School  
District 12 Pow Wow  
Thornton, CO

Admission to this family event is a donation of canned food or dry goods for ONWT Food Programs.



**Saturday, January 28, 2012**

Dinner Show Benefit-Tickets \$30

Doors open at 5:30, Dinner at 6:00 pm

Four Winds American Indian Council Building  
201 W. Fifth Avenue, Denver, CO 80204

**Entertainers include:**

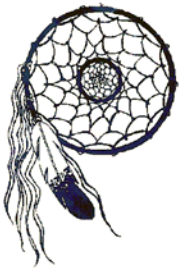
Lowery Begay-hoop dancer, singer, flute player  
and Eddie Three Eagles

Sponsored by UMB Bank, Denver, CO

When a man  
moves away  
from nature  
his heart  
becomes  
hard.

Lakota  
Proverb

If you have any questions or need additional information on these events, give us a call at (719)329-0251.



## MEL REZAK

...went on his Final Journey this past August. A longtime volunteer, donor and overall supporter along with his wife Donna, Melvin helped us in the warehouse, loaded our tractor trailers, did pickups in our local area and shared

his love of the People of the Plains in a quiet and respectful manner.

Melvin was born in Carter, SD which at one time was part of the Rosebud Reservation. He was educated at Colorado State University and worked for the US Forest Service with distinction. Knowing people like Mel is one of the benefits of serving our charity. I will miss snapping his suspenders.

## HOW YOU HAVE HELPED OUR NATIVE BROTHERS AND SISTERS

For 2011, your donations of merchandise have amounted to \$2,022,983. Whether your donations consist of much needed merchandise or the financial contributions we use to ship your donations, please realize you are THE mission whether you live in Oregon, Missouri, South Carolina, Colorado, Pennsylvania, Florida (have I mentioned your state as yet?), New Jersey, Connecticut (how about now?), please know we are One Nation Walking Together. To make this dollar value a bit more relevant, we estimate our

donations of \$100,000 equates to providing much needed relief to 450 people. Doing the math, this year you have helped over 8,000 people.

**2011**  
**\$2,000,000+**  
**Thank you!**

## ONE OF OUR HEROES

Our web site has a history of evolution from being grossly out of date to its current version which reflects an up to date story about our mission and programs. It took a lot of behind the scenes time, effort and technical know how to revamp our site.

For the past year, we have been extremely blessed to have Bob Korbus manning this effort. He has put in countless hours and sweat equity to give us the ability to update our web



site using our in house staff versus our having to rely on some computer technician to keep our web site "up with the Jones".

Saying Bob made a Herculean effort would not be doing him justice. So take a gander at this picture of our HERO and know how much we appreciate ALL he has done and continues to do for our mission.



## NEED A SPEAKER?

Want to learn more about One Nation and those living on reservations? Want to know what the needs are in our poorest communities and how you can help?

Call Urban Turzi, Director at One Nation Walking Together and secure a date for a speaker to come to your club, church, business, school or organization. You will be surprised at what is new, what is needed, and what you can do to make a difference in the lives of others.

## WHAT KIND OF FOODS?

We are continually asked, "What kinds of foods are needed?" So here is a list of heart healthy foods we need:

- Beans (black or kidney)
- Almonds
- Walnuts
- Tuna-in water, low sodium
- Brown rice
- Barley
- Carrots
- Sweet potatoes
- Tomatoes
- Tea
- Dried fruit including: figs, apricots, bananas, dates, and prunes
- Whole grain bran cereal
- Whole wheat pasta
- Oatmeal



*Clip & save!*

## KUDOS FROM WINNEBAGO

The following are some kudos from the Winnebago community in Nebraska for a truck that was donated to honor our sponsors at Brulé Records. "It was awesome to help the elders and low income families. One man was so excited to get some furniture in his home. We tried to give one bike per family, one bed per family, etc. There were many nice things in that truck!" The Many Moccasins Dance Troupe helped a great deal as the main contact for us at Winnebago.

The Winnebago shipment was just one of the six trucks gifted by our donors this year. Trucks went to the Crow Agency in Montana, Kyle and the Red Shirt communities in Pine Ridge, SD., and also the Lower Brule Reservation in SD. This is a record breaking year. Because of your support we were able to gift out more shipments this year than ever!! Hundreds of thousands of dollars worth of needed items went to the people that would not have received this support.

## WINTER PROVISION RUNS

On Dec. 9<sup>th</sup> a group of us left for the Pine Ridge Reservation. We took a huge load of blankets, space heaters, coats, hats, and gloves along with an enormous amount of canned food and turkeys that you all provided. We went to the communities of Kyle, Ever Green, Wounded Knee and Cheyenne Creek, South Dakota. Many, many lives have been positively affected by the donations taken up on that load. Because we were able to take a larger trailer than planned, Christmas gifts were also taken. It warmed our hearts to witness so many smiles and so many gracious people. The expressions of gratitude were huge. I was asked to thank you all for the donations and let you know that the help could not have come at a more needed time. Thank you all for making the winter months more bearable for so many.

The following week another group went to the Rose Bud Reservation. Again the donations

reached many families in different communities. The gratitude and expressions of thanks come from there as well.



This 1915 photo shows a young Native American dancer in traditional Lakota dance attire complete with dance bells and feather headdress.



## LETTER FROM WOUNDED KNEE

The following is an edited excerpt from an email from our contact in the Wounded Knee district of the Pine Ridge Reservation. This was one of our stops on our Winter Provisions Food Run. Now we are loading a 53" trailer for this community in need.

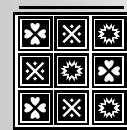
"Yes, those were some of the food boxes (see picture in article above). What I had left I took to a gathering that was going on for the people. The people who received the items were so glad. For many people transportation is always a big issue and many can't get to a regular grocery store. When they do everything is mostly expensive so they are so grateful when food comes, especially canned goods.

With the stuff you sent I was able to help 17 families...it was so amazing! All were families that are really struggling to make ends meet! So awesome, let your people know One Nation is making a difference for families here! ALSO, I was going to ask you to add 2 PROPANE cooking stoves to the truck.

We have 2 families who live in trailer homes and need stoves, I mean really, really do. This would be more important for them to have, more than anything else.

The reason I said propane was, one of the families in need had a natural gas stove given to them. It was converted to propane but it burns everything black...like the pots, pans and ceiling. They have a hard time and plus they don't have running water or indoor bathrooms...so a stove would totally be a blessing. Most of the time they use the stove/propane for heat in the winter.

Thank you for all the work ONE NATION is doing to help bring hope to our people! You guys are SO AWESOME & AMAZING, keep up the good work. PLZ let your donors know we love and appreciate what they are doing! We look forward to keep working with you to bring hope to the people in need! Wopila~we give many thanks!"



**Quilters Needed!**

Deep gratitude to Frankie Shake and her beautiful quilting that answered the first call for assistance and is now working on quilt #4.

Also to Marlene Northrup in Oregon who sent a beautiful hand pieced and hand quilted one.

We still need more people with the quilting talent to help in the "Raise the Roof" fundraiser. If you can help, please contact Marsha Sterling at (719)575-0222.



## MORE ABOUT LABELS FOR EDUCATION

We have uncovered another way you can help the native school we have taken under our wing in the Boxtops and Labels for Education programs.

Our Lady of Lourdes School in Porcupine, SD has been on the receiving end of the labels dropped off and sent in to One Nation this past year as they are trying to get computers. A new component of the Labels program is called eLabelsforeducation, an electronic way the school can get credit when you purchase a participating product *in addition* to the points

when the UPCs are redeemed by the school.

You'll need to register and link your shopper card to the school name. Then voilà, every time an eligible product is purchased the points will be credited to the school. Visit the website to learn more: [www.elabelsforeducation.com](http://www.elabelsforeducation.com).

If you have any questions after viewing the website, call our Box Tops and Labels for Education coordinator, Nancy DiCocco, at (719)440-1629.

## TAKODA TAVERN

Takoda Tavern in Parker, CO has been a host for our "Giving Tree". For the second year, Bob and Nancy Nobles (owners) have set up a Christmas tree full of tags expressing the gift wishes of the youth we serve. With the help of all their great customers, they have sent down several large trucks full of the gifts collected at the Tavern.

Many people each year would not receive a Christmas gift if it weren't for One Nation and, now, we are able to ensure that even more children will be receiving at least one gift this year. If you own a business or work for a company or church that would like to do a giving

tree for the People next year, please let us know and we will work to make that happen.



Bob and Nancy Nobles

## COLORADO NON-PROFIT ASSOCIATION

This organization recently celebrated its 25<sup>th</sup> Birthday. As part of their celebration they produced a video that highlighted some of the charities that are members. Wouldn't you know it, they honored One Nation Walking Together by including us in their video. We were one of six organizations in the state, out of over a

hundred, that received this recognition. To view the 6 minute video go to: [www.vimeo.com/31577902](http://www.vimeo.com/31577902)



## COLORADO TECHNICAL UNIVERSITY



A class from CTU recently completed a very comprehensive feasibility study for our organization in December. We asked them to determine if some ideas we had to get us into a more diverse charity would meet the demands of good business practices. The final outcome of the study guided us into re-evaluating our thinking and planning.

We are most grateful for the ginormous effort provided by the students and their instructor at Colorado Tech. See their picture (left) along with three members of our staff.

### Special Pricing on T-shirts



We have a special on our Black t's, long sleeve t's and hoodies.

Hoodies \$20  
Long sleeve t's \$15  
Short sleeve t's \$10

Limited supply so hurry while we still have your size.

Offer good through March 1, 2012, or while supplies last.



### CCIA Website

The State of Colorado has launched a website that deals with matters concerning the Colorado Commission on Indian Affairs (CCIA).

Our Executive Director is currently a member of the sub-committee for Public Relations. The site is: [www.colorado.gov/ltgovernor/initiatives/indianaffairs.html](http://www.colorado.gov/ltgovernor/initiatives/indianaffairs.html).

## BUFFALO TALK

There is a thought provoking radio program broadcast on the Internet called Buffalo Talk which is hosted by Skuya Fast Horse (Sicangu Lakota), a member of our Board of Directors. The show has listeners from over 70 countries and is aired once a week on Mondays at 8 pm Central/9 pm Eastern Standard time. The

format is talk and lasts for 1 ½ hours. Listen to Skuya discuss subjects such as healing, wellness and communications in a Native Traditional way. The show can be downloaded at no charge via I-Tunes. Web site: [www.h2onetwork.weebly.com](http://www.h2onetwork.weebly.com)



## BRULÉ CONCERT

Thank you Paul, Kathy and the rest of the Brulé gang for having us as your guests and

for allowing us to share our mission with the Brulé fans.

The concert on Dec. 3<sup>rd</sup> was fabulous!! We had many new names added to our newsletter list and we welcome you all to our One Nation Family.

## INDIAN HEALTH

PORTLAND, Oregon—The director of the federal Indian Health Service (IHS) says health care for Native Americans is still vastly underfunded despite gains made in recent years. Yvette Roubideaux (ROOB'-i-doh) spoke Friday to a gathering of American Indian doctors

in Portland. IHS mortality statistics show Native Americans are twice as likely as the population as a whole to die from suicide, three times more likely to die from diabetes-related complications and six times more likely to die from alcohol abuse.

## A NOTE FROM ONE OF OUR DONORS



"Last night, October 31, 2011, I watched Hidden Heritage on the RFD-TV network and saw members of One Nation Walking Together tell about their mission. In 2004, I went on a church trip to Pine Ridge. We built an addition to Mary Fast Wolf's home. She usually has about 15 adopted children in her home at all times. What a lady!

Once you have been among the People there, you will never forget them. They are humble, polite, very grateful and very giving. It is hard to talk about their situation without tearing up. Of all the people that should have a right to protest and complain, it should be them...but they don't. I just wish living conditions could be improved quickly. Bless you all for your endeavors."

Shirley A., Ohio

## MANY THANKS TO CURVES

We would like to thank Monica Donovan at Leonard Peltier Art for organizing a Winter donation drive for One Nation with Curves of Woodland Park. They have delivered a ton of stuff including feminine hygiene, jackets, crayons and much more. They will continue to do so as the drive is still going on. "There is a lot of enthusiasm from the gals at Curves," says Monica. Also, a huge thank you to Nancy DiCocco who is working with the owners of the Curves location at Dublin. They are coordinating a Christmas drive and collecting food, children's underwear and feminine hygiene items. Thank you to owners Eileen (pictured on right) and Donna who are big supporters of One Nation throughout the year!



Please check out the web sites of our extraordinarily artistic sponsors:  
[www.rickytimes.com](http://www.rickytimes.com) [www.brulerecords.com](http://www.brulerecords.com)

**One Nation Walking Together Newsletter**  
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 80907



## Top Food Needs



- Baby Formula
- Canned Meats
- Peanut Butter
- Rice
- Beans
- Unsweetened Cereals
- Hamburger Helper
- Sauces
- Soups



**E-mail:**  
[info@onationwt.org](mailto:info@onationwt.org)

**Website:**  
[onationwt.org](http://onationwt.org)



WALKING TOGETHER

45-A Commerce Street  
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Open 9-3, Tuesday-Friday  
(719) 329-0251  
info@onenationwt.org

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US POSTAGE PAID  
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PERMIT NO. 516

ADDRESS SERVICE REQUESTED




*Yes! I accept your invitation to help One Nation*

\_\_\_\_\_ \$600 will match the community's part of the freight cost of a semi truck of household goods to service approximately 300 families. **(approximate value \$150,000)**

\_\_\_\_\_ \$100 will send windows and doors to 2 families to keep the wind and rain out.

\_\_\_\_\_ \$75 will feed a family of four for 3 days.

\_\_\_\_\_ \$50 will keep 25 children's tiny toes warm.

\_\_\_\_\_ \$35 will wrap an elder in love AND a warm fleece blanket.

\$\_\_\_\_\_ will help keep our local doors open and the continue the mission to help those in need with a hand up, not a hand out.

**Please send donations to: One Nation Walking Together  
45-A Commerce Street  
Colorado Springs, CO 80907**

I wish to volunteer     Please call me     Add me to your e-mail list

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-mail address \_\_\_\_\_

January 2012



**New T-shirts & Hoodies!**

New shirts and hoodies are here. Get yours at our office or order by phone at 329-0251.

**T-shirts (S-4X) \$15-\$17**  
**Long Sleeve Tees (S-4X) \$20-\$22**  
**Hoodies (S-3X) \$25-\$29**

*If you do not wish to receive our newsletters, please call and we'll gladly remove your name from our mailing list.  
Please notify us of any address changes as bulk mail is not forwarded by the USPS.*